

**Who We Are:**

We are a non-profit educational and spiritual retreat centre dedicated to teaching the core principles of yoga which embody peace, resilience, and belonging. Founded in 1981 by venerated master yogi Baba Hari Dass from India — the Centre is the west coast of Canada's longest running spiritual and wellness retreat centre. Many people experience transformation while being a part of the pristine Centre land nestled in the heart of Salt Spring Island. There are elders around the land who have wisdom to share and overall, we strive to have a peaceful work environment where you are supported to bring your best and whole self. The **Lead Cook** will be working alongside people who are committed to exploring community, spiritual practice, and selfless service.

Who We're Looking For:

The ideal **Lead Cook** is a friendly and driven team player who has demonstrated experience of working in busy kitchens and preparing meals. We're looking for an effective cook with 2+ years cooking experience, who has a passion for meal preparation and mentorship. *This is a seasonal position.* If this sounds interesting to you, please continue reading and visit our website- <https://www.saltspringcentre.com/>.

Key Responsibilities:

With support from the Kitchen Coordinator, the **Lead Cook** is responsible for the timely preparation and serving of meals out of the Salt Spring Centre of Yoga's kitchen. Our kitchen serves three hot meals a day for varying amounts of people ranging from 15 in low season to upwards of 300 in peak season. Much of the food we prepare in our kitchen comes from our onsite farm. This is an incredible opportunity to be a part of a meaningful operation, further hone your lacto-vegetarian cooking skills, and be a part of a community supporting one another to attain peace.

Meal Preparation and Service

- Receive directions from the Kitchen Coordinator and carry out specific tasks
- Following recipes and the plan provided by the Coordinator, directly prepare hot and nutritious meals as scheduled each week for Centre residents and guests.
- Ensure the timely delivery of high quality food for all guests
- Ensure the safety, sanitization and overall cleanliness of the kitchen's workspaces while on shift

General Kitchen Responsibilities

- Be well prepared, on time, and rested for each shift; following through with a positive, professional attitude and outlook
- Dress in a safe, clean and professional manner at all times. Wearing closed-toed shoes, long pants, and no hand or wrist jewelry. Hair must be tied up or covered by hat, hair net, or scarf.
- Clean the kitchen after every shift, restock all kitchen areas



- Share recycling, garbage, compost, and laundry duties with kitchen team
- Record, note and inform the Kitchen Coordinator when ingredients need restocking
- Apply the safe operation of kitchen equipment
- Notify the Kitchen Coordinator of any safety hazards in a timely manner.
- Assist whenever needed, until all tasks are completed; fostering a team environment

Relationship Building

- Work directly with other kitchen staff and volunteers to ensure a positive team environment and excellent food service
- Contribute to an atmosphere of collaboration and respect.
- At times, work closely with the Yoga Study and Service Immersion Coordinator to ensure a smooth and balanced experience for volunteers
- Work closely with the Kitchen Coordinator and volunteers to ensure a smooth end to end guest experience.

General Centre Care and Stewardship

- All staff may share responsibility for dishwashing and cleaning during high times.
- All staff participate in work parties that provide overall care for the Centre seasonally.
- All staff are expected to invest in the Centre's general care – we prioritize providing a positive guest and community experience in the spirit of yoga.

Job Details:

Qualifications:

- 2+ years of cooking experience
- Food Safe certification is required
- Ability to read and follow recipes and instruction

Working Conditions:

- Approximately 37.5 hours per week
- Work must take place in-person at the Salt Spring Centre of Yoga

Compensation:

- This is a seasonal position, working April-October 2022
- \$2,550/month
- Access to weekly classes

Residential Position Available

If you are interested in joining our multigenerational residential community, please indicate this in your application. We have limited spaces available for those looking to live onsite in the yoga community. Those who join our residential community are asked to: commit to engaging with others in a positive way, keep a clean and sober environment (no alcohol or drugs on the property), and abide by the lacto-vegetarian guidelines while on property. More details about our residential agreements can be provided during the interview at your request.



To Apply: Please submit your application details to hr@saltspringcentre.com by Monday April 18th, 2022.