

## **FARM VOLUNTEERS**

Regenerative Farm in a Yogic Community, located at the Salt Spring Centre of Yoga on Salt Spring Island, British Columbia, Canada.

Take part in living with a diverse, intentional community of spiritually, ecologically, and relationally driven folk - while you immerse yourself within a vibrant regenerative farm.

The Salt Spring Centre of Yoga seeks those who want to have a primary role within the farm. The land here has been grown for the last 42 years, always with a foundational underlying principle of active reciprocity with the land and valuing the natural systems & cycles that we're dependent upon - what can be described as regenerative agriculture.

We're seeking those who want to live & learn in this yogic community with a passion for growing food, flowers, medicine, sacred space, and ourselves!

Those with previous agricultural experience are desired, though don't let a lack of experience keep you from applying.

### **Farm volunteers can expect to be involved with the following:**

- Interacting with 69 acres of mixed mature forest, riparian areas, pasture, row-cropping, orchard, and temple grounds that see a variety of over 120+ crops, herbs, flowers, shrubs & trees grown.
- Minimal-till system valuing soil health & biodiversity.
- Low-disturbance equipment use; hand-tool intensive bed prep, cultivation, and harvesting.
- Growing directly for the Centre's kitchen for programs & community, farm stands sales, opportunities for broader island connections, and value-added goods.
- Permaculture principles, crop rotations, inter/companion planting, and stages of horticultural succession.
- Soil fertility & composting systems.
- Water harvesting, retention, and low-flow irrigation systems.
- Being active in cultivating a regenerative & harmonious system and mindset.
- Taking part in a team structure that values inclusivity, empowerment, and co-creation.

### **Resident Farm Volunteers Commitments & Considerations**

- 28 hrs/week (includes meal cleanup & community hours)
- 8-week minimum commitment
- All meals, access to amenities, and lodging (\*camping only\*) provided
- Access to all yoga classes and community classes/events (kirtan, writing circle, yoga philosophy, and more)
- Positions open from May 1 until September 30, 2024

### **How to apply**

To apply, please [complete the General Volunteer Application form on our website](#), mentioning that you are applying for the Farm Volunteer position.